



Support and Guidance for Families & Professionals
using Non-Violent Resistance (NVR) approach

Referral Process

All you need to know about the 5 weeks Non-Violent Resistance (NVR) Programme

Questions you may have

Who is the programme for?

Parents/ carers/ guardians

Can my partner attend the programme with me?

Yes, but it will be a separate charge – all participants are supported individually re different needs, goals, aims etc

How long Is the programme?

5 weeks

How many hours?

1.5 hours

What time is the session?

Morning 10am - 11.30am

OR

Evening 8pm - 9.30pm

To commit to one or the other - we can be flexible within reason

How is the programme delivered?

Online

to implement the tools with immediate effect

What areas do you work with?

Nationwide

When are the session's?

6 sessions, term time only **click here** for more information

How do I know if I am eligible?

We ask that you commit to the dates available at the point in time of the referral
Should we not be able to accept a referral, we would explore who would be in the best position to help you with your consent



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Can I refer myself?

Yes, professionals can refer on your behalf also

How much does it cost?

FREE of charge subject to funding

£600.00 per person for NON funded referrals (cost subject to change of the financial climate)

What else do I need to know?

We conduct 1-2-1 consultation with each referral for approximately 1 hour prior to starting the programme - this is mandatory – couples / partners will be treated

Separately / individually

to

meet, greet, Q&A

WIDER SUPPORT

We sign-post to other partner / other organisations / services to support the wider eg therapy, financial, well-being etc

AFTER CARE

Once a month support / catch up platform for 1 hour am / pm online - to relax, share ideas, support each other, to be supported using NVR, sign post to other services if in need

CELEBRATIONS

We host an annual ceremony of achievement and anniversary celebration ONLINE for all graduate parents / carers with invited guests

OPPORTUNITIES

Graduate parents will have an opportunity to be a WalkwithMeUK Parent Facilitator / Ambassador to share testimonials, and hosting stalls to showcase our services – all are managed safely / sensitively.

Summary of the yearly schedule on Wednesday's below

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January – February

8th January 2025
15th January 2025
22nd January 2025
29th January 2025
5th February 2025

March – April

5th March 2025
12th March 2025
19th March 2025
26th March 2025
2nd April 2025

May – June

7th May 2025
14th May 2025
21st May 2025
28th May 2025
4th June 2025

June - July

18th June 2025
25th June 2025
2nd July 2025
9th July 2025
16th July 2025

September – October

*3rd September 2025
10th September 2025
17th September 2025
24th September 2025
1st October 2025*

November - December

*5th November 2025
12th November 2025
19th November 2025
26th November 2025
3rd December 2025*